



**August 2020 – June 2021**  
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# Dual Star Academy of Dance

4181 E. County Line Rd. Unit B

Centennial, CO 80122

(303) 770-6498

[www.dualstardance.com](http://www.dualstardance.com)

Dear Parents and Students,

Welcome to Dual Star Academy of Dance! We are so excited to have you as part of our family. At Dual Star we have dual missions. Our first mission is to provide the highest quality dance instruction to allow students the opportunity to grow and develop into well rounded, technically strong, and appreciative dancers. Our second mission is to build confidence and self-esteem, enforce a strong value system, and provide an environment that will nurture growth and development for every dancer.

In order to make the most of your experience at Dual Star, we highly encourage dancers to attend classes consistently and to come with a positive attitude and hard work ethic. Please take the time to read the enclosed information.

Once again, we are truly looking forward to getting to know you and working with you. Please don't hesitate to contact us with any questions. We know that this is going to be a wonderful experience.

Best Wishes,

Lauren Engelsberg and Natalie Bernstein  
Directors of Dual Star Academy of Dance

## **Contact Information**

**Natalie Bernstein and Lauren Engelsberg | Studio Directors**

Email: Directors@DualStarDance.com

Phone: (303)-770-6498

**Brooke Smith | Assistant Director**

Email: Brooke@DualStarDance.com

Phone: (303)-770-6498

**Ashley Lambert | Company Director**

Email: Ashley@DualStarDance.com

**Ashley Ahern | Assistant Company Director**

Email: Ashley.Ahern@DualStarDance.com

**Jacque Wilson | Ballet Director**

Email: Directors@DualStarDance.com

## **Website**

[www.DualStarDance.com](http://www.DualStarDance.com)

## Tuition Information

- Annual Registration fee: \$20 per family
- **We do not prorate monthly tuition at any time during the year**
- **Tuition is charged monthly**
  - Due 1<sup>st</sup> of each month
  - Auto-pay credit cards processed on the 10<sup>th</sup> of each month
- **Cancellation Policy**
  - Dual Star must receive a 30-day written notice to drop any classes. Please email [Brooke@DualStarDance.com](mailto:Brooke@DualStarDance.com) to drop any classes.
- **We accept the following methods of payment:**
  - Visa
  - MasterCard
  - Checks
  - Cash
- **Family Discount**
  - Additional children per family receive a 10% discount on classes of equal or lesser value

<b>Pricing Info</b>	
Hours/Per Week	Tuition Per Month
30 Min	\$48.00
1 Hour	\$65.00
2 Hours	\$100.00
3 Hours	\$130.00
4 Hours	\$160.00
5 Hours	\$185.00
6 Hours	\$202.00
7 Hours	\$219.00
8 Hours	\$234.00
Unlimited	\$250.00
Registration Fee	\$20 Per Family
Drop In Class	\$20 Per Hour

# Season Calendar

<b>Event Description</b>	<b>Event Dates</b>
1 <sup>st</sup> Day of Classes	<b>Monday, Aug. 17<sup>th</sup> 2020</b>
Labor Day-Studio Closed	<b>Saturday, Sept. 5<sup>th</sup> - Monday Sept 7<sup>th</sup> 2020</b>
Bring A Friend Week	<b>TBD (most likely in January 2021)</b>
Halloween Dress Up Week	<b>Monday, Oct. 26<sup>th</sup> - Saturday, Oct. 31<sup>st</sup> 2020</b>
Halloween-Evening classes cancelled	<b>N/A</b>
Thanksgiving Break-Studio Closed	<b>Monday, Nov. 23<sup>rd</sup> – Sunday, Nov. 29<sup>th</sup> 2020</b>
Progress Performances (zoom only, subject to change to in-person)	<b>November-December (check online)</b>
Winter Break-Studio Closed	<b>Monday, Dec. 21<sup>st</sup> 2020 – Sunday, Jan. 3<sup>rd</sup> 2021</b>
Spring Break-Studio Closed	<b>Monday, Mar. 15<sup>th</sup> – Sunday, Mar. 21<sup>st</sup> 2021</b>
Memorial Day-Studio Closed	<b>Saturday, May 29<sup>th</sup> – Monday, May 31<sup>st</sup> 2021</b>
Last day of Classes	<b>Saturday, June 12<sup>th</sup> 2021</b>
Dress Rehearsal	<b>Wednesday, June 9<sup>th</sup> 2021 @ The Newman Center</b> <b>**No Wednesday PM Classes</b>
Recital	<b>Sunday, June 13<sup>th</sup> 2021 @ The Newman Center</b>
<b>**Dates are subject to change</b>	

## Website

All studio information can be located on our website [www.DualStarDance.com](http://www.DualStarDance.com)

## MyDanceWorks.Net & Account Login

“MyDanceWorks” is the software Dual Star uses for all of our account information. Each parent (account holder) has access to all of their information on this software.

This is where you will register for all classes, pay for tuition, update credit card information and account information. You can also login and update your credit card through this software. In the following spaces, feel free to write down your personal user name (email address) and personal password that you have designated yourself.

### **MyDanceWorks.Net Account Login Info**

**USERNAME:** \_\_\_\_\_

**PASSWORD:** \_\_\_\_\_

# Class Level Information

## ❖ Beginner

- **Level 1 ~ Level 1-2 ~ Level 2**
- 0-2 years of dance experience in specific dance style
- Average age of beginner level students: 5-10 years old

## ❖ Intermediate

- **Level 2-3 ~ Level 3 ~ Level 3-4 ~ Level 4**
- 2-4 years of dance experience in specific dance style
- Average age of Intermediate level students: 8-14 years old

## ❖ Advanced

- **Levels 5 ~ Level 5-6 ~ Level 6**
- 5+ years of dance experience in specific dance style
- Average age of Advanced level students: 11-18 years old

## ❖ Jr. Classes

- **Levels 1-2**
- 0-1 years of dance experience
- Classes meant for ages 8-12 years with little to no dance experience.

## ❖ Teen Classes

- **Levels Beginner ~ Intermediate**
- 0-3 years of dance experience
- Classes meant for ages 12-18 years old.

# Class Descriptions

## Kinder Rock

For students ages 2-3 years old. It is an introduction to ballet and jazz and incorporates coordination, movement, visual stimulation, and games to keep the dancers learning and having fun.

## Creative Movement 1

This class is for dancers ages 2-3 years old. It introduces the dancers to the basics of ballet, tap, and jazz technique and vocabulary in a structured class environment. The students will develop rhythm, coordination, and movement all while building their confidence and self-esteem.

## Creative Movement 2

This class is for dancers ages 3-4 years old. It introduces the dancers to the basics of ballet, tap, and jazz technique and vocabulary in a structured class environment. The students will develop rhythm, coordination, and movement all while building their confidence and self-esteem.

## Creative Movement 3

This class is for dancers ages 5-6 years old. It introduces the dancers to the basics of ballet, tap, and jazz technique and vocabulary in a structured class environment. The students will develop rhythm, coordination, and movement all while building their confidence and self-esteem.

## Pre-Ballet

For students 5-6 years old. This is an introductory ballet class that should be taken before the Ballet 1.

## Ballet

The ballet program teaches dancers strong technique through traditional ballet. Students learn proper placement, turnout, technique and vocabulary in a disciplined environment while developing strong work ethics and discipline in a positive atmosphere. Ballet is the basis for all other forms of dance and we recommend ballet to every dancer.

*Pointe classes are by teacher approval only! Students who take pointe must also be registered in at least one other ballet class.*

## Adult Ballet 18+ All Levels

Adult Ballet class designed for all levels, from absolute beginner to seasoned professionals. Geared towards the individual who wishes to refine their technique or those who wish to begin the study of classical ballet in the Vaganova Method. Classes will consist of work at the barre and in the center to introduce all aspects of ballet technique. No prior experience is necessary.

## Lyrical

Lyrical classes are taught using ballet, jazz, and modern technique. This style of dance is very interpretive to the music and allows students the ability to express more emotion through dance.

## Jazz

Jazz focuses on building strong technique, strength, and flexibility. Classes incorporate stretching, across the floor combinations, and choreography. Students learn different turns, jumps, leaps, and extensions while incorporating them into many different styles of jazz.

## Tap

The tap program concentrates on both rhythmic and classical tap methods. Students learn vocabulary, rhythmic timing, and improvisation and choreography.

## Contemporary

Contemporary classes fuse ballet, jazz, lyrical, and modern dance styles. This style of dance is very interpretive to the music and challenges dancers to grow as artists through movement. Contemporary classes are designed for intermediate and advanced level dancers.

## Poms

Poms focuses on preparing dancers for high school, college, or professional dance teams. The classes teach sharp, clean motions through Pom technique and choreography. Classes also concentrate on the many "skills" dance teams require such as jumps, leaps, and turns.

## Hip-Hop

This is a fun and up-beat class that integrates many different styles of hip-hop including pop and lock, street, and break dancing. Students learn isolation of movement and body control technique and choreography as well as trending dance moves in pop culture.

## Dance Conditioning

Dance Conditioning helps dancers improve flexibility and strength as well as enhance technique in turns and progressions. The class incorporates flexibility using core and balance exercises as well as muscle development and cardio training.



### Flex & Technique

These classes are open to all levels of students and are designed to improve flexibility and develop muscles associated with dance training. These will also incorporate injury prevention techniques as well as physical therapy aspects.

### Tumbling

Tumbling classes incorporate gymnastic basic training that can be utilized in dance routines. This class builds strength and body awareness in preparation for acro classes

### Acro

Acro classes incorporate gymnastic technique, flexibility training, stunting, and partner work. This class incorporates flexibility and strength training as well as building interpersonal and group working skills.

### Turns & Progressions

These classes are designed to train dancers in turns, leaps, and jumps. Dancers execute exercises and combinations to build core strength and technique as well as center work, across the floor, and choreography.

### Teen Classes

The teen program is geared towards students ages 12-18 years old who have little to no dance experience or have taken time off from dance and want a refresher. These classes are for beginning and intermediate teens.

## Dress Code

We implement a dress code for all classes to maximize improvement, prevent injury, and create a structured learning environment. Dancers are not permitted to participate in class if they fail to meet dress code requirement at the discretion of the teacher. \* No mid-drift baring tops are permitted in any of our classes.

**Ballet:** Black leotard and pink ballet tights. Pink ballet split sole slippers required. Hair secured in a neat and durable bun. *Boys: Black tights and fitted white ballet shirt with black men's ballet slippers.*

**Jazz/Pom:** Fitted tank top with proper undergarments, fitted leggings, capris pants, or shorts and tan jazz shoes. Hair pulled back off of the face and secured for the duration of class.

**Lyrical/Contemporary:** Fitted tank top with proper undergarments, fitted leggings, capris pants, or shorts and pirouettes/foot undies. Hair pulled back off the face and secured for the duration of class.

**Tap:** Fitted tank top with proper undergarments, fitted leggings, capris pants, or shorts and black tap shoes. Older dancers please wear black Oxford tap shoes.

**Hip Hop:** Dancers are permitted to be more creative with attire for hip hop classes. Sneakers are required and all shorts need to be longer than arm's length. No mid-drift baring tops are permitted.

**Acro & Tumbling:** Tight fitted clothing and hair pulled back in either a bun or secured off the face. This class does not require shoes.

**Kinder Rock:** Any form of ballet leotard and dance attire is permitted, and pink ballet slippers are required.

**Creative Movement:** Any form of ballet leotard and dance attire is permitted. Pink ballet slippers and black tap shoes are required.

# Studio Policies

PLEASE READ THOROUGHLY

## Tuition

Tuition is charged monthly and is due on the 1<sup>st</sup>. A late fee of \$15 is added to all tuition payments collected after the 10<sup>th</sup> of each month. The student will not be allowed to participate in any classes until their account balance has cleared. There is also a \$25 service charge for all returned checks. Dual Star **DOES NOT prorate tuition** and there are no refunds for missed classes. (*See our policy regarding missed classes for more information regarding the topic.*)

A \$20 registration fee is due upon initial registration and will be charged automatically from the credit card on file. All checks written need to include the student/s name on the memo line.

## Attendance

Attendance to all classes is very important in dance, providing consistency and continuous improvement throughout the season. Arriving 10-15 minutes before class is encouraged as well as prompt pick-up after classes. Dual Star cares for the safety of its students but is not responsible for students outside class times or for students leaving the studio.

## Absences & Make Up Classes

If a student misses a class, they are able to do a make-up class within four (4) weeks of the student's absence. Make-up classes do not need to be scheduled and do not have to be in the same style of dance. This is a great opportunity for your student to try a dance technique they may be interested in. It is encouraged that the level of difficulty be applicable for the student.

## Drop Class/Cancellation Policy

Dual Star requires a 30 day written notice to cancel or drop any class. Please submit an email to: Brooke@DualStarDance.com with your request to drop a class or cancel all classes.

## Covid-19 Liability Waiver | Medical and Injury Agreement

I acknowledge the contagious nature of COVID-19 and other contagious diseases and viruses and voluntarily assume the risk that I and/or my children may be exposed to or infected by COVID-19 by attending and participating and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand the risk of becoming exposed to or infected by COVID-19 and other contagious diseases and viruses may result from the actions, omissions, or negligence of myself and others, including, but not limited to, employees, volunteers, and program participants and their families.

I agree that my child(children) do not currently, nor have had in the last two weeks a fever, cold, vomiting, diarrhea, cough, sore throat, chills, muscle pain, fatigue, shortness of breath and/or loss of taste or smell. To the best of my knowledge, I affirm that I, as well as those living in my household, have not been diagnosed with COVID-19 or knowingly been exposed to anyone diagnosed with COVID-19 within the last 14 days.

## **MEDICAL AGREEMENT**

I understand that dancing is a strenuous physical activity. To my knowledge, my child has no medical problems or injuries that would prevent participation in class. I understand that it is my responsibility to inform a physician of any medical issues and to obtain written consent for participation. I agree to inform the instructor(s) of any known health condition that may affect class participation.

## **INJURY AGREEMENT**

I agree to release Dual Star Academy of Dance and its participants, or any instructor from liability related to accidents or injury. I also agree to communicate in the event of an injury and understand that physical clearance from a doctor may be required to return to participating in class.

### **Studio Atmosphere**

Dual Star strives to provide a positive environment for all faculty, students, and parents. Negative, disrespectful, and rude behavior is NOT tolerated. Please help us create an encouraging environment for our students to grow and prosper.

Furthermore, we aim to provide a focused and structured class regime and therefore limit observation within the studios. Please take advantage of the viewing windows so the dancers can fully concentrate in class.

### **Studio Cleanliness & Appearance**

Students and parents are responsible for picking up after themselves (food, beverages, trash, etc...) and all personal belongings. Food and beverages are permitted in the common areas only! Only water is allowed within the studios. The lost and found is located in the cubby room. Any unclaimed items are donated at the end of each month.

### **Student Code of Conduct**

Dual Star aims to train successful dancers as well as polite and responsible individuals. Therefore, students are held to a high standard of respectfulness at all times and implementing this code of conduct is crucial for the student to flourish and improve in all aspects of dance and life.

### **Photography Consent**

I hereby give my consent that the photographs/videos taken of my student may be reproduced in advertising, publications, email campaigns, websites, social media and other materials or media for Dual Star Academy of Dance.

### **Zoom Option**

If your dancer is not comfortable coming into the studio for in-person classes, we will have virtual classes that will live stream via zoom from the live class. You will receive the zoom link via email.

### Studio Closure (Severe Weather Policy)

This season will be a bit different. Normally, Dual Star abides by the Douglas County School District for severe weather closures. This season, if we feel the weather is bad enough, your dancers will be able to stay home and do the class virtually, via zoom. You may always check out our webpage for this info:

<http://dualstardance.com/homepage/student-portal/weather-delays-and-closures/>

We will inform all families via email, website and social media as well as on our voicemail. If you need your zoom link please email: [Brooke@dualstardance.com](mailto:Brooke@dualstardance.com)

### Progress Performances

During November and December, we will have informal progress performances to showcase the students' progress in their respective classes. Friends and family are invited into the studios to observe the last 15 minutes of all classes. This year these will most likely be done via zoom. Specific observation dates will be released in October.

### Annual Recital

Dual Star will have one year-end recital, date for 2021 annual recital will be June 9<sup>th</sup> (dress rehearsal) and June 13<sup>th</sup> (recital). All students are encouraged to participate in recital, but participation is not mandatory. Recital costs include recital fee, costumes and recital tickets. Students keep their purchased costumes. Any student who plans on participating in the recital will need to be registered via the "Recital Registration" webpage once registration is open!

All classes will participate in the recital EXCEPT:

- ❖ Tumbling
- ❖ Dance Conditioning
- ❖ Pre-Point/Pointe
- ❖ Stretch/Flexibility
- ❖ Turns/Leaps
- ❖ Adult Classes

### Miscellaneous

- ❖ NO CELL PHONES in class.
- ❖ Dual Star is not responsible for any lost or stolen items.
- ❖ Lost and Found items will be located in the student lounge. At the end of each month we will donate the items to goodwill, please make sure to collect your items before then!
- ❖ Dual Star reserves the right to refuse service to a parent or dancer if inappropriate behavior occurs. If a parent or dancer is asked to leave the studio, all fees and outstanding payments must be paid, and no refunds will be given.