

August 2021 – June 2022 Studio Information Packet

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Dual Star Academy of Dance

4181 E. County Line Rd. Unit B Centennial, CO 80122 (303) 770-6498 www.dualstardance.com

Dear Parents and Students,

Welcome to Dual Star Academy of Dance! We are so excited to have you as part of our family. At Dual Star we have dual missions. Our first mission is to provide the highest quality dance instruction to allow students the opportunity to grow and develop into well rounded, technically strong, and appreciative dancers. Our second mission is to build confidence and self-esteem, enforce a strong value system, and provide an environment that will nurture growth and development for every dancer.

In order to make the most of your experience at Dual Star, we highly encourage dancers to attend classes consistently and to come with a positive attitude and hard work ethic. Please take the time to read the enclosed information.

Once again, we are truly looking forward to getting to know you and working with you. Please don't hesitate to contact us with any questions. We know that this is going to be a wonderful experience.

Best Wishes,

Lauren Engelsberg and Natalie Bernstein Directors/Owners of Dual Star Academy of Dance

Contact Information

Natalie Bernstein and Lauren Engelsberg | Studio Directors

Email: Directors@DualStarDance.com Phone: (303)-770-6498

Brooke Smith | Assistant Director

Email: Brooke@DualStarDance.com Phone: (303)-770-6498

Ashley Lambert | Company Director

Email: Ashley@DualStarDance.com

Ashley Ahern | Assistant Company Director

Email: Ashley.Ahern@DualStarDance.com

Jacque Wilson | Ballet Director

Email: Directors@DualStarDance.com

Website

www.DualStarDance.com

Tuition Information

- Annual Registration fee: \$20 per family
- We do not prorate monthly tuition at any time during the year
- Tuition is charged monthly
 - O Due 1st of each month
 - o Auto-pay credit cards processed on the 10th of each month

• Cancellation Policy

- O Dual Star must receive a 30-day written notice to drop any classes. Please email
 Brooke@DualStarDance.com to drop any classes.
- We accept the following methods of payment:
 - o Visa
 - o MasterCard
 - o Checks
 - o Cash

• Family Discount

 Additional children per family receive a 10% discount on classes of equal or lesser value

| Pricing Info | | | |
|------------------|-------------------|--|--|
| Hours/Per Week | Tuition Per Month | | |
| 30 Min | \$48.00 | | |
| 1 Hour | \$68.00 | | |
| 2 Hours | \$105.00 | | |
| 3 Hours | \$135.00 | | |
| 4 Hours | \$160.00 | | |
| 5 Hours | \$185.00 | | |
| 6 Hours | \$202.00 | | |
| 7 Hours | \$219.00 | | |
| 8 Hours | \$234.00 | | |
| Unlimited | \$250.00 | | |
| Registration Fee | \$20 Per Family | | |
| Drop In Class | \$20 Per Hour | | |

Season Calendar

Our Seasons run just like a school year. August to June. At the end of each season your dancer will go inactive unless you enroll them to start again in the Fall. Their classes DO NOT automatically roll over from season to season.

| Event Description | Event Dates |
|---------------------------------------|--|
| 1st Day of Classes | Monday, Aug. 2, 2021 |
| Labor Day - Studio Closed | Saturday, Sept 4 - Monday, Sept. 6, 2021 |
| Bring A Friend Week | Monday, Sept. 20 - Saturday, Sept. 25, 2021 and Monday, Jan. 24 - Saturday, Jan 29, 2022 |
| Halloween Dress Up Week | Monday, Oct. 25 - Saturday, Oct. 30, 2021 |
| Thanksgiving Break - Studio Closed | Monday, Nov. 22 - Sunday, Nov. 28, 2021 |
| Progress Performances | November - December (check online) |
| Winter Break - Studio Closed | Monday, Dec. 20 - Sunday, Jan. 2, 2022 |
| Spring Break - Studio Closed | Monday, March 14 - Sunday, March 20, 2022 |
| Memorial Day Weekend Studio Closed | Saturday, May 28 - Monday, May 30, 2022 |
| Last Day of Classes | TBD |
| Recital - Dress Rehearsal | TBD in June @ The Newman Center |
| Recital | TBD in June @ The Newman Center |

Website

All studio information can be located on our website www.DualStarDance.com

MyDanceWorks.Net & Account Login

"MyDanceWorks" is the software Dual Star uses for all of our account information. Each parent (account holder) has access to all of their information on this software.

This is where you will register for all classes, pay for tuition, update credit card information and account information. You can also login and update your credit card through this software. In the following spaces, feel free to write down your personal user name (email address) and <u>personal</u> password that you have designated yourself.

MyDanceWorks.Net Account Login Info

| USERNAME: | | |
|-----------|--|--|
| | | |
| PASSWORD: | | |

Class Levels/Ages Information

Kinder Rock – ages 2-3 years

Creative Movement 1 – ages 3-4 years

Creative Movement 2 – ages 4-5 years

Intro to _____ - age 5-6 years (either moving from CM 2 or student is brand new to dance)

Level 1: Beginning

Level 1A – ages 6-8 years (first year student in specified style)

Level 1B – ages 6-8 years (second year student in specified style)

*Intro students with strong teacher recommendation only

Level 1C – ages 6-8 years (third year student in specified style)

*Second year students with strong facility, focus and desire; strong teacher recommendation

Level 2: Beginning/Beginning Intermediate

Level 2A – ages 9-12 years (first and second year students in specified style. Student continues to master beginning skills, correct body placement, core strength and flexibility)

Level 2B – ages 9-12 years (third and fourth year in specified style. Students have mastered all beginning and basic skills and correct placement)

Level 3: Intermediate

Level 3A – Placement based on ability (all beginning intermediate skills must be mastered)

Level 3B – Placement based on ability

Level 4: Intermediate Advanced

*Ballet Director Approval for Ballet

Level 4A/B – Placement based on ability (all intermediate skills must be mastered)

Level 5/6: Advanced

- *Ballet Director Approval for Ballet
- *Placement based on ability (advanced)

Teen

Teen A – ages 13+ years (little/no dance experience)

Teen B – ages 13+ years (some dance experience/intermediate level)

Class Descriptions

Kinder Rock

For students ages 2-3 years old. It is an introduction to ballet and jazz and incorporates coordination, movement, visual stimulation, and games to keep the dancers learning and having fun.

Creative Movement 1

This class is for dancers ages 2-3 years old. It introduces the dancers to the basics of ballet, tap, and jazz technique and vocabulary in a structured class environment. The students will develop rhythm, coordination, and movement all while building their confidence and self-esteem.

Creative Movement 2

This class is for dancers ages 3-4 years old. It introduces the dancers to the basics of ballet, tap, and jazz technique and vocabulary in a structured class environment. The students will develop rhythm, coordination, and movement all while building their confidence and self-esteem.

Intro Classes

For students 5-6 years old. Dancers moving from CM2 or is brand new to dance.

Ballet

The ballet program teaches dancers strong technique through traditional ballet. Students learn proper placement, turnout, technique and vocabulary in a disciplined environment while developing strong work ethics and discipline in a positive atmosphere. Ballet is the basis for all other forms of dance and we recommend ballet to every dancer.

Pointe classes are by teacher approval only! Students who take pointe must also be registered in at least one other ballet class.

Lyrical

Lyrical classes are taught using ballet, jazz, and modern technique. This style of dance is very interpretive to the music and allows students the ability to express more emotion through dance.

Iazz

Jazz focuses on building strong technique, strength, and flexibility. Classes incorporate stretching, across the floor combinations, and choreography. Students learn different turns, jumps, leaps, and extensions while incorporating them into many different styles of jazz.

<u>Tap</u>

The tap program concentrates on both rhythmic and classical tap methods. Students learn vocabulary, rhythmic timing, and improvisation and choreography.

Contemporary

Contemporary classes fuse ballet, jazz, lyrical, and modern dance styles. This style of dance is very interpretive to the music and challenges dancers to grow as artists through movement. Contemporary classes are designed for intermediate and advanced level dancers.

Poms

Poms focuses on preparing dancers for high school, college, or professional dance teams. The classes teach sharp, clean motions through Pom technique and choreography. Classes also concentrate on the many "skills" dance teams require such as jumps, leaps, and turns.

Hip-Hop

This is a fun and up-beat class that integrates many different styles of hip-hop including pop and lock, street, and break dancing. Students learn isolation of movement and body control technique and choreography as well as trending dance moves in pop culture.

Dance Conditioning

Dance Conditioning helps dancers improve flexibility and strength as well as enhance technique in turns and progressions. The class incorporates flexibility using core and balance exercises as well as muscle development and cardio training.

Flex & Technique

These classes are open to all levels of students and are designed to improve flexibility and develop muscles associated with dance training. These will also incorporate injury prevention techniques as well as physical therapy aspects.

Tumbling

Tumbling classes incorporate gymnastic basic training that can be utilized in dance routines. This class builds strength and body awareness in preparation for acro classes

Acro

Acro classes incorporate gymnastic technique, flexibility training, stunting, and partner work. This class incorporates flexibility and strength training as well as building interpersonal and group working skills.

Turns & Progressions

These classes are designed to train dancers in turns, leaps, and jumps. Dancers execute exercises and combinations to build core strength and technique as well as center work, across the floor, and choreography.

Teen Classes

The teen program is geared towards students ages 12-18 years old who have little to no dance experience or have

taken time off from dance and want a refresher. These classes are for beginning and intermediate teens.

Dress Code

We implement a dress code for all classes to maximize improvement, prevent injury, and create a structured learning environment. Dancers are not permitted to participate in class if they fail to meet dress code requirement at the discretion of the teacher.

<u>Ballet</u>: Black leotard and pink ballet tights. Pink ballet split sole slippers required for levels 2+. Hair secured in a neat and durable bun. *Boys:* Black tights and fitted white ballet shirt with black men's ballet slippers.

<u>Jazz/Pom:</u> Fitted tank top with proper undergarments, fitted leggings, capris pants, or shorts and tan jazz shoes. Hair pulled back off of the face and secured for the duration of class.

Lyrical/Contemporary: Fitted tank top with proper undergarments, fitted leggings, capris pants, or shorts and pirouettes/foot undies. Hair pulled back off the face and secured for the duration of class.

Tap: Fitted tank top with proper undergarments, fitted leggings, capris pants, or shorts and black tap shoes Older dancers please wear black Oxford tap shoes.

Hip Hop: Dancers are permitted to be more creative with attire for hip hop classes. Sneakers are required (a designated pair they DO NOT wear outside). We will ask that all hip-hop dancers change into their "dance' sneakers before entering their designated studio.

Acro & Tumbling: Tight fitted clothing and hair pulled back in either a bun or secured off the face. This class does not require shoes.

<u>Kinder Rock:</u> Any form of ballet leotard and dance attire is permitted, and pink ballet slippers are required.

<u>Creative Movement</u>: Any form of ballet leotard and dance attire is permitted. Pink ballet slippers and black tap shoes are required.

Studio Policies

PLEASE READ THOROUGHLY

Tuition

Tuition is charged monthly and is due on the 1st. A late fee of \$15 is added to all tuition payments collected after the 10th of each month. The student will not be allowed to participate in any classes until their account balance has cleared. There is also a \$25 service charge for all returned checks. Dual Star **DOES NOT prorate tuition** and there are no refunds for missed classes. (See our policy regarding missed classes for more information regarding the topic.)

A \$20 registration fee is due upon initial registration and will be charged automatically from the credit card on file. All checks written need to include the student/s name on the memo line.

Attendance

Attendance to all classes is very important in dance, providing consistency and continuous improvement throughout the season. Arriving 10-15 minutes before class is encouraged as well as prompt pick-up after classes. Dual Star cares for the safety of its students but is not responsible for students outside class times or for students leaving the studio.

Absences & Make Up Classes

If a student misses a class, they are able to do a make-up class within four (4) weeks of the student's absence. Make-up classes do not need to be scheduled and do not have to be in the same style of dance. This is a great opportunity for your student to try a dance technique they may be interested in. It is encouraged that the level of difficulty be applicable for the student.

Drop Class/Cancellation Policy

Dual Star requires a 30 day written notice to cancel or drop any class. Please submit an email to: Brooke@DualStarDance.com with your request to drop a class or cancel all classes.

Covid-19 Liability Waiver | Medical and Injury Agreement

I acknowledge the contagious nature of COVID-19 and other contagious diseases and viruses and voluntarily assume the risk that I and/or my children may be exposed to or infected by COVID-19 by attending and participating and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand the risk of becoming exposed to or infected by COVID-19 and other contagious diseases and viruses may result from the actions, omissions, or negligence of myself and others, including, but not limited to, employees, volunteers, and program participants and their families.

I agree that my child(children) do not currently, nor have had in the last two weeks a fever, cold, vomiting, diarrhea, cough, sore throat, chills, muscle pain, fatigue, shortness of breath and/or loss of taste or smell. To the best of my knowledge, I affirm that I, as well as those living in my household, have not been diagnosed with COVID-19 or knowingly been exposed to anyone diagnosed with COVID-19 within the last 14 days.

MEDICAL AGREEMENT

I understand that dancing is a strenuous physical activity. To my knowledge, my child has no medical problems or injuries that would prevent participation in class. I understand that it is my responsibility to inform a physician of any medical issues and to obtain written consent for participation. I agree to inform the instructor(s) of any known health condition that may affect class participation.

INJURY AGREEMENT

I agree to release Dual Star Academy of Dance and its participants, or any instructor from liability related to accidents or injury. I also agree to communicate in the event of an injury and understand that physical clearance from a doctor may be required to return to participating in class.

Studio Atmosphere

Dual Star strives to provide a positive environment for all faculty, students, and parents. Negative, disrespectful, and rude behavior is NOT tolerated. Please help us create an encouraging environment for our students to grow and prosper.

Furthermore, we aim to provide a focused and structured class regime and therefore limit observation within the studios. Please take advantage of the viewing windows so the dancers can fully concentrate in class.

Studio Cleanliness & Appearance

Students and parents are responsible for picking up after themselves (food, beverages, trash, etc...) and all personal belongings. Food and beverages are permitted in the common areas only! Only water is allowed within the studios. The lost and found is located in the cubby room. Any unclaimed items are donated at the end of each month.

Student Code of Conduct

Dual Star aims to train successful dancers as well as polite and responsible individuals. Therefore, students are held to a high standard of respectfulness at all times and implementing this code of conduct is crucial for the student to flourish and improve in all aspects of dance and life.

Photography Consent

I hereby give my consent that the photographs/videos taken of my student may be reproduced in advertising, publications, email campaigns, websites, social medial and other materials or media for Dual Star Academy of Dance.

Studio Closure (Severe Weather Policy)

Dual Star abides by the Douglas County School District for severe weather closures. If DCSD announces school closure due to weather, Dual Star will also be closed for all classes on that day. We will inform our families via email, text, social media and you may always check out our webpage for this info: http://dualstardance.com/homepage/student-portal/weather-delays-and-closures/

Progress Performances

During November and December, we will have informal progress performances to showcase the students' progress in their respective classes. Friends and family are invited into the studios to observe the last 15 minutes of all classes. Specific observation dates will be released in October.

Annual Recital

We have 1 big recital at the end of the year, which is optional but most of our students do participate! The June 2022 recital date, time and location is still to be determined. Registration for this begins in December 2022.

Recital costs include recital fee, costumes and recital tickets. Students keep their purchased costumes. Any student who plans on participating in the recital will need to be registered via the "Recital Registration" webpage once registration is open!

All classes will participate in the recital EXCEPT:

- Tumbling
- Dance Conditioning
- Pre-Point/Pointe
- Stretch/Flexibility
- Turns/Leaps
- Adult Classes

Miscellaneous

- ❖ NO CELL PHONES in class.
- Dual Star is not responsible for any lost or stolen items.
- Lost and Found items will be located in the student lounge. At the end of each month we will donate the items to goodwill, please make sure to collect your items before then!
- Dual Star reserves the right to refuse service to a parent or dancer if inappropriate behavior occurs. If a parent or dancer is asked to leave the studio, all fees and outstanding payments must be paid, and no refunds will be given.